

 **ABOUT US**

Missouri Amateur Lacrosse was founded to promote the game of lacrosse at all levels. We strive to create an atmosphere of sportsmanship and growth in all of our players' skills and attitudes towards others. We appreciate your involvement in this sport which has done so much for all of us; and we hope to foster continued growth for you and your family. Comments and suggestions as to how we can improve our services are welcome as we evolve.

 **CONTACT US**

**Phone:** 314-479-1813

**Email:** christophergoudy@gmail.com

**Address:** 3219 Pestalozzi St.  
St. Louis, MO 63118

 **LEAGUE LOCATION**

**ALL** lacrosse leagues for the 2009-2010 season will be held at the Brentwood Soccer Dome.

220 East Ave. Brentwood, MO 63119

Phone: 314-962-9248

## Sign up as a TEAM for All Sessions

Again this year, we are taking full teams for all sessions. Each player will sign up individually and be placed on a team with school mates. Teams are made up of 13-16 field players and a goalie. (If you have less than 13 let us know).

**\*\* If your school is not fielding a team, we can place you on a "house team"**

## MAL 2009-2010 Indoor Leagues

### Session 1 (9/29 - 10/21) 4 weeks, 4 games

#### High School Boys Games -

Tuesday, Wednesday

4pm or 5pm

8 teams play 1 game per week

One hour games

\$75

### Session 2 (10/26 - 12/16) 8 weeks, 8 games

#### High School Boys Games -

Monday, Tuesday, Wednesday

4pm or 5pm

12 Teams play 1 game per week

One hour games

\$155

#### Boys Learn to Play (10/23 - 12/18)

Friday

4:00

8 one hour sessions

\$155

### **Note: No Learn To Play Thanksgiving Week**

### Session 3 (1/4 - 2/26) 8 weeks, 8 games

#### High School Boys Games

Monday, Tuesday, Wednesday, Friday

4pm or 5pm

16 Teams play 1 game per week

One hour games

\$155

Each player receives a complimentary (\$55 value)

1 year subscription to

**INSIDE LACROSSE**

## General Information

Every player is required to be a current USLacrosse member. (**except boys in Learn to Play**) We will not process registration forms that do not have a membership number and expiration date.

Your cancelled check or charge to your card is proof of registration.

Schedules and team assignments are posted on the website. Registration goes up to the 1st day of the session, so all assignments are tentative until the first game.

Boys will have one game each week at one of the times listed on one of the days listed. Please print out a copy of the schedule.

We encourage and promote good sportsmanship. This means that we reserve the right to remove any player from instruction or competition if they display poor sportsmanship or are disrespectful to our staff or other participants.

## Registration Fees

Refunds will be made in full when registration is cancelled at least **15 days** prior to the start of the session.

50% of the fee will be refunded when registration is cancelled **14 days to 1 day** prior of the start of the session.

NO REFUNDS as of the **first day** of the session.

Registration may not be transferred to another player.

## Equipment Requirements

### Boys playing games will need:

Helmet, stick, cup, gloves, arm and shoulder pads and a MOUTH PIECE. Each player must also bring the reversible ASSIGNED TO HIM each week.

If a player does not have all of these things, they will not be able to play that week.

**Boys participating in Learn to Play are required to have a stick.** For the best experience, full equipment is needed. However we understand this may not always be possible so bring any equipment you have.



Since 1999

Announcing MAL Indoor Leagues 2009-2010



**INSIDE LACROSSE**

Please sign and return with payment.

### Registration Form

Please complete the form below

Name: \_\_\_\_\_

Address \_\_\_\_\_

City, State, Zip \_\_\_\_\_

Phone: \_\_\_\_\_

School: \_\_\_\_\_

High School grad year: 20 \_\_\_\_\_

Position: \_\_\_\_\_

Email (required) \_\_\_\_\_

Emergency Contact Name: \_\_\_\_\_

Emergency Phone: \_\_\_\_\_

\*\*USLacrosse Number (required) \_\_\_\_\_

Located on mailing label of your *Lacrosse Magazine*, or by visiting [www.lacrosse.org](http://www.lacrosse.org).

\*\*USLacrosse expiration date \_\_\_\_\_

\*\*We will not be able to process your registration without a current USLacrosse membership number.

### League Selections

Please make one or more selections below

Session 1: High School Boys Games (\$75) \_\_\_\_\_

Session 2 High School Boys Games (\$155) \_\_\_\_\_

Boys Learn to Play (\$155) \_\_\_\_\_

Session 3 High School Boys Games (\$155) \_\_\_\_\_

**INSIDE LACROSSE**

### Waiver and Release

Please Read and sign

In consideration of being allowed to participate in any way in the **Missouri Amateur Lacrosse** league-related events and activities, the undersigned acknowledges, appreciates, and agrees that:

1. The risk of injury from the activities involved in this program is significant, including the potential for permanent paralysis and death, and while particular rules, equipment, and personal discipline may reduce this risk, the risk of serious injury does exist; and.
2. I KNOWINGLY AND FREELY ASSUME ALL SUCH RISK, both known and unknown, EVEN IF ARISING FROM THE NEGLIGENCE OF THE RELEASEES or others, and assume full responsibility for my participation; and
3. I willingly agree to comply with the stated and customary terms and conditions for participation. If, however, I observe any unusual significant hazard during my presence or participation and bring such to the attention of the nearest official immediately; and
4. I, for myself and on behalf of my heirs, assigns, personal representatives and next of kin, HERBY RELEASE AND HOLD HARMLESS **Missouri Amateur Lacrosse**, their officers, agents and/or employees, other participants sponsoring agencies, sponsors, advertisers, and, if applicable, owners and lessors of premises used to conduct the event (Releasees), WITH RESPECT TO ANY AND ALL INJURY, DISABILITY, DEATH or loss or damage to person or property, WHETHER ARISING FROM THE NEGLIGENCE OF THE RELEASES OR OTHERWISE.

I have read this release of liability and assumption of risk agreement, I fully understand that I have given up substantial rights by signing this form, and sign it freely and voluntarily without any inducement.

\_\_\_\_\_  
Applicant Signature (Parent or guardian signature if player is under 18)

\_\_\_\_\_  
Date

Please return **Waiver and Release, Registration form and full payment** to 3219 Pestalozzi St. St. Louis, MO 63118 (checks payable to MAL).